

Mindfulness for Parents & Kids



DATE Tuesdays, October 13th, 2015 to November 10th, 2015
4:00-4:45pm

DETAILS a 4-part series
For children ages 7-11, accompanied by an adult

FEE \$40 for the entire series
*Scholarship support for parents and children who need it

MORE INFO Register online at www.thespacewithin.ca or contact Karen James-Abra at 519-275-2187 ext 1
karen.jamesabra@thespacewithin.ca

LEADER



Karen James Abra has been a therapist and retreat leader in the Stratford area for almost 20 years. Having launched two daughters, she and her life-partner, Bill, and a team of healers, now own and operate The Space Within. Here, and in leading retreats, Karen devotes her energy to creating opportunities for healing in intentional community.